**EPA Workshop – March 2, 2023**

**1-5pm**

**How to Navigate the NIH Research Grant Funding Process: Setting**

**Yourself up for Success**

**Description:**

The National Institutes of Health (NIH) offers many types of research grants to support the biomedical and behavioral sciences. To take full advantage of these research funding opportunities, applicants need to have a fundamental understanding of the NIH and how to navigate its grant funding landscape. This workshop will provide an overview of NIH research training, early-career and research project grant funding opportunities for research and educational colleges and universities, and research opportunities supported under the NIH Intramural Research Program. Through short presentations and panel discussions with attendees, the workshop will focus on practical advice such as, how to access information you need to apply to NIH, how to select grant funding mechanisms that fit your needs, how to find and work with NIH staff in preparing your application, the inner workings of the NIH grant peer review process, and advice on good grantsmanship. Staff from the National Center for Complementary and Integrative Health (NCCIH) at NIH will also discuss research priorities in the behavioral sciences at NCCIH and other NIH institutes. NIH-supported researchers at different stages of their careers will share their experiences in preparing and submitting research grant applications to the NIH. They will also discuss characteristics of strong grant applications from their perspectives and provide valuable information on finding appropriate research training and mentors. Finally, a breakout session will give attendees an opportunity to ask specific questions relevant to their own research interests and career goals.

**About the NIH and NCCIH:**

NIH’s mission is to seek fundamental knowledge about the nature and behavior of living systems and the application of that knowledge to enhance health, lengthen life, and reduce illness. The goals of the NIH are to expand the knowledge base in medical and associated sciences and foster fundamental creative discoveries, innovative research strategies, and their applications as a basis for ultimately protecting and improving health.

The NCCIH is one of the 27 Institutes and Centers comprising the NIH. Its mission is to define, through rigorous scientific investigation, the usefulness and safety of complementary and integrative health interventions and their roles in improving health and health care. Supporting basic and clinical research that employs the methods, tools, and technologies of neuroscience, psychoneuroimmunology, psychology, behavioral medicine, physical medicine, and biomechanics that may improve symptom management is a priority for NCCIH. In addition, research addressing whole person health that focuses on the study of multiple interconnected domains to improve health, that include biological, behavioral, social, and environmental factors is another area of emphasis for NCCIH.

**Panelists:**

Lanay M. Mudd, PhD, FACSM, Program Director, Clinical Research Branch, Training Officer,

National Center for Complementary and Integrative Health (NCCIH), National Institutes of Health. (Co-Chair)

David Shurtleff, PhD, Deputy Director, Acting Scientific Director, National Center for Complementary and Integrative Health (NCCIH), National Institutes of Health. (Co-Chair)

Ana-Maria Vranceanu, PhD, Associate Professor of Psychology, and Director of the Center for Health Outcomes and Interdisciplinary Research (CHOIR), Harvard Medical School.

Jonathan Greenberg, PhD, Assistant Professor of Psychology in the Department of Psychiatry, Massachusetts General Hospital.

Natalia E. Morone, MD, MS, Associate Professor of Medicine Boston University Chobanian & Avedisian School of Medicine, Boston Medical Center.

Joseph A. Rosansky, PhD, Center for Mindfulness and Compassion, Cambridge Health Alliance.

**Agenda**

1. Welcome and Introductions

2. NIH Overview and How to Apply for Career Development and Research Grant Funding

1. All About NIH Peer Review
2. NIH-supported Researcher’s Presentations, Panel Discussion, and Q&A
3. Breakout Session

6. Final Discussion and Wrap-up